



St Hugh's

A community hall to benefit all
May-July 2019 Newsletter



Big Lunch

Sat 1st June 1 -4pm



Bring a dish to share

FOOD
FRIENDS
FUN
ALL WELCOME

A word from the editor

Welcome to our May-July 2019 newsletter. I've gladly welcomed Spring and am loving the explosion of colours from the flowers! My woolies are packed away, although ready to make an appearance at a moments notice, thanks to our wonderful British weather.

If you didn't join us for our Valentine's event, you truly missed out. Don't snooze while the next event is happening. This is my favourite of the year; THE BIG LUNCH. Our version of a street party. I love the simplicity of coming together over some cooked food whilst. Just bring a dish to share with everyone and come and hang with us. Hopefully see you there on Sat 1st June at 1pm.

Maria x

P.S our community BBQ is on Sat 27th July.



*Maria Aho
Senior Community Organiser*

.....

42 Castledine Rd,

London SE20 8PL

020 8659 7038

hlca.org.uk

Connect with us;

'St Hugh's Centre'



Don't miss...

We've got some great of activities for children and young people!

There's opportunities to get involved with the gardening group, yoga, kid's cookery and much more. Check out our timetable in the middle pages.

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Meet a Trustee

We'd like to give an exciting welcome to Neisha, as new Trustee to our organisation. Neisha's warm smile and enthusiasm is infectious and she has got stuck in with all elements of running the organisation behind the scenes, along with the other 4 trustees. She will be directing and overseeing our Children and Young People's programme.

My name is Neisha Ebanks and I have just joined the Hilda Lane Community Association, based at St Hugh's Community Centre, as a trustee. I moved to Penge in 2004 from the neighbouring community Forest Hill. I have lived on Croydon Rd, Laurel Grove and as my family grew, I recently moved to the St Hugh's area. I'm a mother of three children; two girls and a boy...I'm always on the go! But I was eager to be a part of the community. I started volunteering to mentor children and young people for the London Borough of Bromley in 2018 and had the urge to do more for our youth. I thought if I could inspire and be a role model to at least one young person; I would have made a difference. With that being said, as I watched from my window over the Community Centre and see Maria organising and doing her thing, I was urged to be a part of the events and work with her. However, with my so busy lifestyle, time was against me. I would often say to Maria I really want to help but the times clashes with the activities of the children. However, I would pop in when I could during events to give a helping hand. As time went by, she said "why don't you join the trustee?" and so to cut a long story short (words from my nana) here I am. A part of the team and I am looking to work with for as long as possible. A community for me is a safe and happy place. Free from crime or violence and providing a feeling of belonging to everyone that lives there.



Getting involved in the community will help me to connect with others and most importantly to help to nurture and engage with the youth within my community.

I'd like to actively do more hobbies. But to be honest I have no spare time! However, I try my best to do some puzzles before bed. I'm always on the go with my children and during the school holidays meeting up with friends and a bundle of kids. Other than that a quiet family meal is enough for me. As a trustee I'm willing to help in all areas possible. I would like to learn all the necessary things and happy to work receive support to be my best in supporting the centre and everyone involved.

Fun Facts:
I have a phobia to lifts
I'm scared of worms,
I don't have a favourite actress or sports
and I enjoy listening to Reggae music.
~ Neisha



About Us

A note from the Company Secretary

We'd like to shed some light and give some more transparency on who we are, what we do and how we run as an organisation. Alix, our company secretary, shares a few words.

The new St Hugh's Community Centre has now been open for open for 7 years, and what a 7 years it has been. I came on board in 2011, just as the Hilda Lane Community Association (HLCA) was getting ready to sign the new lease for the hall which had been built and owned by Affinity Sutton housing association, now known as Clarion Futures.

We are one of a handful of centres that is entirely run by the trustees of the community association and not by the Clarion Community Assets team. The association and hall are completely self-funded which I believe makes us unique under the Clarion community assets umbrella. All trustees of HLCA give their time for free and although it can be tough, it is also very rewarding. We all have a role to play depending on skills and time available. Linda, Margaret and Neisha all live on the St Hugh's estate. I lived there for 4 years, and John lives just across the rail track on a different Clarion estate. We fit in our work for HLCA around our current jobs and personal commitments. This can be challenging as life just gets in the way but somehow we all manage using email and Telegram messaging when we are on the go.

Over the years we have had many other groups' visit us at St Hugh's to see how we do things. Trustees have given talks, we have provided packs containing newsletters, copies of our business plan and constitution as well as helpful links and leaflets of those companies that support local charities. Only a few weeks ago, Maria and I visited a group in Mottingham who are looking to get a licence to operate the hall on their estate. We gave them advice and explained the benefits and pitfalls of running such an establishment.

Times were tough in 2017 and unfortunately we had to use up some of our emergency reserves to cover salary, insurance costs, health and safety upgrades as well as day to day running of the hall. When this happens we have to look at areas where we can save money and increase income. The trustees were forced to raise the hire rate of the hall, reduce staffing hours and stop youth club as we couldn't afford staff to run it. These are the times when it can be really tough to keep going as it feels at every turn obstacles are put in the way to prevent us providing a service to the community.

We had a very stable 2018 following the changes, so going into 2019 the trustees pledged £5k towards the re-opening of the youth club. With this Maria applied for a grant from Clarion Futures to match our £5k and she was successful. Then following another successful funding bid to the National Lottery to match that £10k, we now have £20,000 to re-start the St Hugh's youth club. Its things like this that keep us going and help us provide for our future. (cont.)



Regular hire of the hall and meeting room currently covers the monthly running costs but this is always changing. If you know of a local community group that needs space or a business looking for meeting room facilities point them in our direction. Also we will be looking to provide micro grants again in September 2019. This is a grant that HLCA offer to local residents or groups wishing to start up a community based project.

Now that Clarion Futures have settled in, they have been working alongside HLCA to provide free sporting activities at the hall. We have boxing technique sessions for kids which have been very successful and it looks like the football and multisports will be returning to the MUGA very shortly. Although HLCA run the hall we work closely with the assets team at Clarion to make sure St Hugh's Community Centre is used to its full potential.

As you can see, a lot goes in to running the centre. It can be challenging and demanding but super rewarding. If you want to get involved or are interested in anything that is happening at St Hugh's please get in touch or pop in.
Alix Bushnell, Company Secretary.



Living in St Hugh's Community

Glorious springtime weather characterized the day with scintillating heat,
The timid train trundled along the tired tracks.
A regular journey, one that I have made many times
Such an empirical encounter was revelatory

With the maniacal menace of a masterfully majestic lion going in for the kill,
Its marvellously manicured mane swishing in the wind.
He stared back; red eyes aflame and snarling warmth
Afraid, I peered tentatively at the bland maroon bricked back of the local Tesco.

...

Is this gleeful episode a fair summation of the joy of our community?
Is the friendliness of neighbours like another family?

A poem by Michael Paczensky, a local resident.





St. Hugh's

A community hall to benefit all

Timetable - Summer 2019

GARDENING CLUB

Mondays - 10:30am to 12:30am

Community gardening sessions, no experience needed.

FREE!!!

XYBX BROMLEY

Mondays - 10:30am to 12:30am
(once per month)

One to one support for anyone who wants to find out how to get online safely and securely.
FREE!!!

LOVE 2 DANCE

Street Dance Classes

Mondays - 5:30pm to 6:30pm; 7-10yr olds (pay by term) + from 13th May, 6:30pm to 7:30pm: Adults (£7).
More info: 07940 233882 / love2dance@gmail.com

BEGINNER'S PILATES

Tuesdays - 9:30am to 10:30am
Block book - £8 per class or Drop in - £9
First taster Class £5
More info: suzyshand@yahoo.co.uk

YOGA CLASS

Tuesdays - 8:00pm to 9:00pm
Slow Flow Yoga for Mindful Movement with Laura. Yoga mats provided.
Drop in - £10
More info: hello@lauraharveyyoga.com

YOGA CLASS

Wednesdays - 10:15am to 11:30am
Come & connect as you are guided through a purposeful workout aimed at those over 50.
Tea + coffee served afterwards.

FREE!!!

BOXING TECHNIQUE TRAINING

Wednesdays - 5:00pm to 6:30pm
Basic boxing technique training for children 7 to 14 years.

FREE!!!

KIDS KITCHEN

Thursdays - 10:00am to 12:30pm
(once per month)
Bring your under 5's to come & prepare, cook & eat lunch together – lots of fun for all. £4

LOVE 2 DANCE

Street Dance Classes
Thursdays - 4:30pm to 5:15pm: 3-5 yr olds (£4.50) + 5:30pm to 6:15pm: 6-9 yr olds (£5)
More info: 07940 233882 / love2dance@gmail.com

SCIENCE TUITION

Thursdays - 5:00pm to 7:00pm
KS3 & GCSE Science Tuition - 2h session -£25
More info: azizahelally@hotmail.com

UPPING YOUR GAME

Thursdays - 5:00pm to 7pm (Starts May 9th)
Football coaching for 15 year olds and upwards.

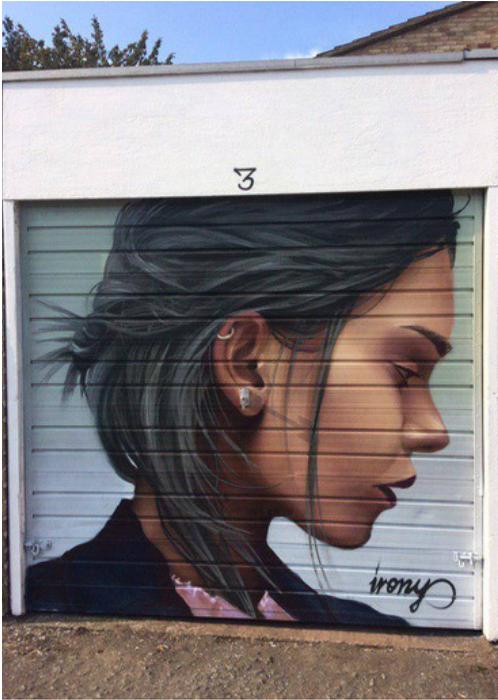
FREE!!!

MULTISPORTS

Saturdays - 10:00am to 11:30am (Starts May 11th)
MultiSports activities for 8 to 14 year olds.

FREE!!!

Street Art at St Hugh's



One sunny day while admiring street art in Penge, Alicja, our centre administrator, came up with the idea to bring some of that beauty into our neighbourhood. It wasn't easy and it wasn't quick but as they say good things don't come easy and are worth waiting for. After few months of joint effort between ourselves, londoncallingblog.net and Clarion, we were able to secure a spot that was dedicated to street art. Steve from londoncallingblog managed to get the amazing Irony to work his magic on it. Irony and his efforts were warmly welcomed in our neighbourhood. Big thank you to the person who kept the cups of tea coming for him! We are happy to present this transformation of our rusty garage door and look forward to more local works, so watch this space! What do you think about the art?



Police Panel Meetings

Our local Metropolitan Police Safer Neighbourhood Team will be holding regular surgeries in the Meeting Room at the St Hugh's Community Centre. Please come along if you'd like to talk about anything concerns. They are a friendly, knowledgeable and welcoming team.

Ward Panel Meeting

Thursday 9th May 2019 - 7:00pm to 9:00pm
Trading Standards will be giving a presentation.

Drop in Surgeries

Wednesday 8th May 2019 - 12:00pm to 1:00pm
Wednesday 15th May 2019 - 1:00pm to 2:00pm

5 years at St Hugh's.



Celebrating good times

February 2019 saw my 5th anniversary as a Community Organiser with the Hilda Lane Community Association at St Hugh's Community centre. Looking back, it's been exciting, emotional and, at times, defeating. Together with the team, I've hosted many events & activities, supported new projects, raised funds programmes and knocked on countless doors. The most enjoyable part of job is bringing people together and talking to individuals on a 1-2-1 basis. I love hearing what you love about the area and your ideas about how we can make it even better. When you come together, I feel as though anything is possible. The strength, the dreams and the passion are almost tangible forces. I'm proud to work for an organisation where the trustees are genuinely passionate about the work we do and the value we bring. Having the added support from Clarion Futures is also great. For a very small organisation, we are a force to be reckoned with!

Lots has happened in the 5 years of being here and I recognise that lots more also needs to happen to community. My one dream is to leave a community that feels empowered, connected and active. I would love to see many more locals from the estate using and visiting the centre to get involved with happens here. If there's something you'd like to see happen, I'd love to talk to you. Many people across the country say that community isn't what is used to be. I agree with this. But I also believe that we must evolve to create the kind of community that meets everyone's needs. A community where we feel cared for and valued by each other. I love the St Hugh's community. Thanks for welcoming me, having me stick around and talking to me whenever I badger you! Long live St Hugh's! ~ Maria



Pilates & Reflexology

www.balanceandsole.co.uk

Suzy Shand

suzy@balanceandsole.co.uk

Pilates Classes

Tuesday 9.30-10.30

Tuesday April 23rd – 21st May

St Hugh's Community Centre,
Castledine Road,
London SE20 8PL

Block Book £8 per class
First Class £5, £8 drop-in



E-mail me at suzy@balanceandsole.co.uk

Tuesday Evening Yoga



Slow Flow Yoga for Mindful Movement with Laura

8-9pm Tuesday Evenings at St Hugh's.
Starting 23rd April 2019

£10 Drop In – no booking required – yoga mats
are provided. Just turn up!

More info at:

www.lauraharveyyoga.com



Free Boxing Technique Training

Are you aged 7-14 and want to learn how to
move and act like a professional boxer?

At the St Hugh's Community Centre
Every Wednesday: 5:00pm to 6:30pm



Transforming lives
and communities

KS3 & GCSE SCIENCE TUTORING

DAY

Thursdays

TIME

5pm – 7pm

PRICE

2 Hours session - £25

CONTACT DETAILS

Dr. Aziza Helaly

Email address: azizahelally@hotmail.com

Tel: 07734 458422

ADDRESS

St Hugh's Community Centre
42 Castledine Road, Anerley,
London SE20 8PL



Sports Active Coaching

UPPING ↑ YOUR GAME



Back 9th May!

UPPING YOUR GAME!

Football coaching for
girls & boys aged 15
years and older.

When:
Every Thursday
5pm to 7pm

Where:
The MUGA @ St Hugh's

In association with:



**CLARION
FUTURES**

Supported by the
Hilda Lane Community Association

Starting Saturday 11th May!



Sports Active Coaching

Presents:

MultiSports for girls & boys aged 8 to 14 years.

A brand new 8-week pilot program of sporting activities brought to you by Sports Active Coaching in association with Clarion Futures Communities, supported by the Hilda Lane Community Association.

When:
Every Saturday
10am to 11:30am

Where:
The MUGA @ St Hugh's



**CLARION
FUTURES**



ST HUGH'S INVITES YOU TO



SUMMER
BBQ
SATURDAY
27TH JULY
12:00 TO 16:00

JOIN US FOR FOOD, FUN, AND FELLOWSHIP!

ST HUGH'S COMMUNITY CENTRE
42 CASTLEDINE ROAD
SE20 8PL